

Activity Kit

Year 4-6

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## The Koori Walk

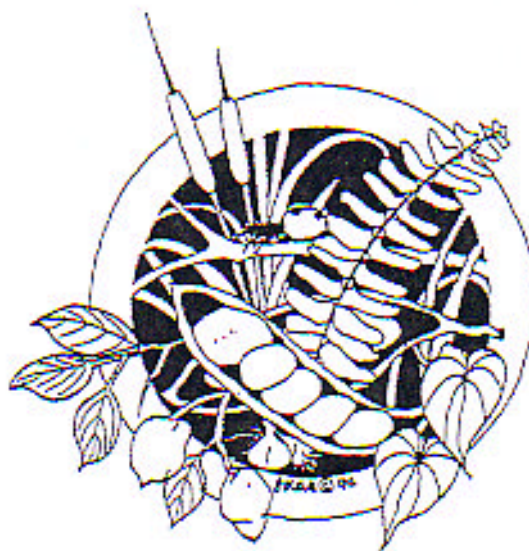
*A study of useful wild foods, medicine and useful plants*

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Hunter Region Botanic Gardens  
Pacific Highway, Motto Farm, 2324  
Telephone 02 4987 1655

Date of Visit: \_\_\_\_\_

Time of Visit: \_\_\_\_\_



Prepared by the Education Committee with extensive input from Carol Ridgeway-Bissett and Vi Brown of the Maaialngal Aboriginal Heritage Centre (Inc),

**USEFUL PLANTS**

In these spaces draw the leaf of a plant that has the use named.

Fill out the name of the plant you have drawn at the bottom.

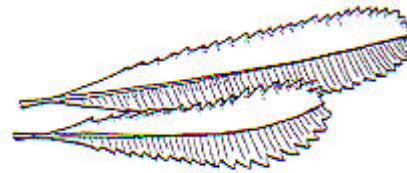
<p><u>Used as soap</u></p>          <p>Plant name:</p>	<p><u>Used to make a sweet drink</u></p>          <p>Plant name:</p>
<p><u>Used to make weapons</u></p>          <p>Plant name:</p>	<p><u>Used to weave baskets</u></p>          <p>Plants name:</p>
<p><u>Eaten as a vegetable</u></p>          <p>Plant name:</p>	<p><u>Used to grind as flour</u></p>          <p>Plant name:</p>

**LEAF SEARCH**

As you do the walk, you will have many plants pointed out to you.  
Lookout for these leaves and fill out the names of plants as you see them.



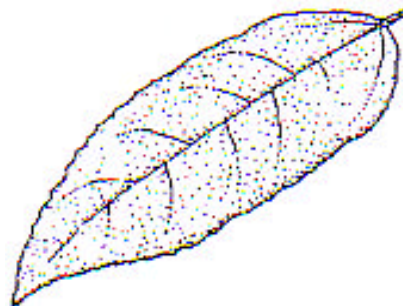
Common Name: \_\_\_\_\_  
Scientific Name: \_\_\_\_\_



Common Name: \_\_\_\_\_  
Scientific Name: \_\_\_\_\_



Common Name: \_\_\_\_\_  
Scientific Name: \_\_\_\_\_



Common Name: \_\_\_\_\_  
Scientific Name: \_\_\_\_\_



Common Name: \_\_\_\_\_  
Scientific Name: \_\_\_\_\_



Common Name: \_\_\_\_\_  
Scientific Name: \_\_\_\_\_

**Koori tools and weapons**

Here are some of the tools and weapons used by the Kooris.  
Fill out the name and materials bottom.



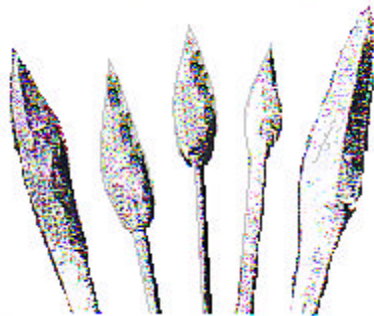
Name:

What are they made of:



Name:

What are they made of?



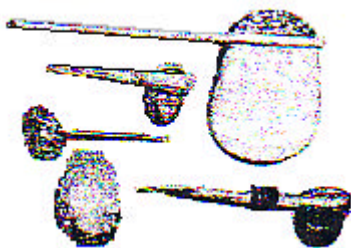
Name:

What are they made of?



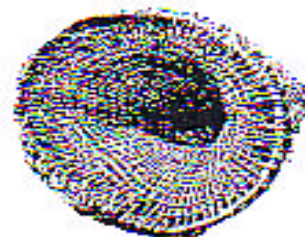
Name:

What are they made of?



Name:

What are they made of?



Name:

What are they made of?

**STOP 1 TASKS**

1. At this stop there are several plants used by the Kooris.  
List as many as you can and their uses.

<u>Plant</u>	<u>Koori use for the plant</u>

1. Why has the blackbutt tree been given this name? \_\_\_\_\_  
\_\_\_\_\_

**STOP 2 TASKS**

1. Is there more or less food at this site than Stop 1? \_\_\_\_\_  
Why do you think so? \_\_\_\_\_  
\_\_\_\_\_

2. Which plants here produce gums or glues? \_\_\_\_\_  
\_\_\_\_\_

3. Where might animals be found here?


**STOP 3 TASKS**

1. There are two types of palm leaves – fan and feather types.

In the spaces below draw them.

<u>Fan Palm Leaf</u>	<u>Feather Palm Leaf</u>

1. The blackbutt tree had many uses for the Kooris. Why was the blackbutt tree at this stop pointed out? \_\_\_\_\_  
\_\_\_\_\_
2. What were the Koori uses for the sandpaper fig? \_\_\_\_\_  
\_\_\_\_\_
3. Which part of the native ginger was eaten? \_\_\_\_\_  
\_\_\_\_\_

**STOP 4 TASKS**

What may be found to eat in the swamp?

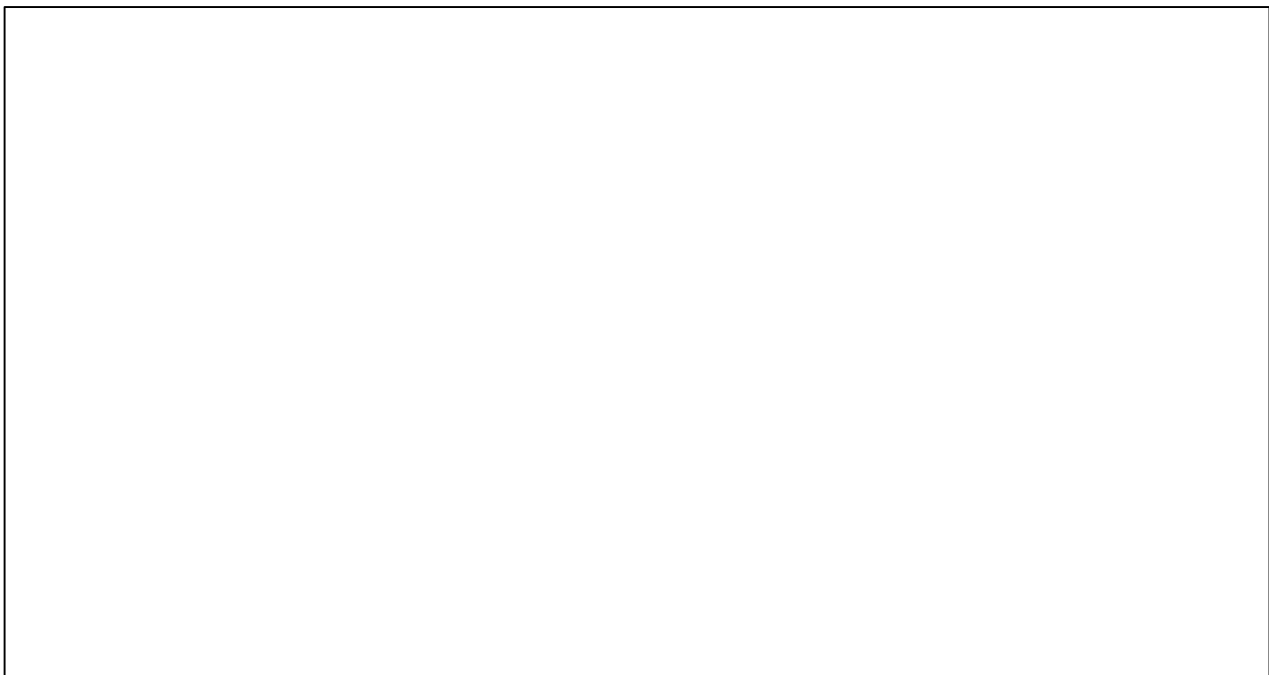

**STOP 5 TASKS**

This stop is in the open forest. Complete this table

Which animal found in this area was not eaten by the Worimi?	
Why not?	
What use is made of native hops?	
What are the Koori uses of the grass trees?	
What use is made of large blackbutt?	
Where could a possum be found here now?	
Where could a bandicoot be found here now?	
Have you seen evidence of any animals? What was it?	
How were animals flushed out of the undergrowth?	

**STOP 6 TASKS**

Draw the leaf of the native parsnip in the space below.



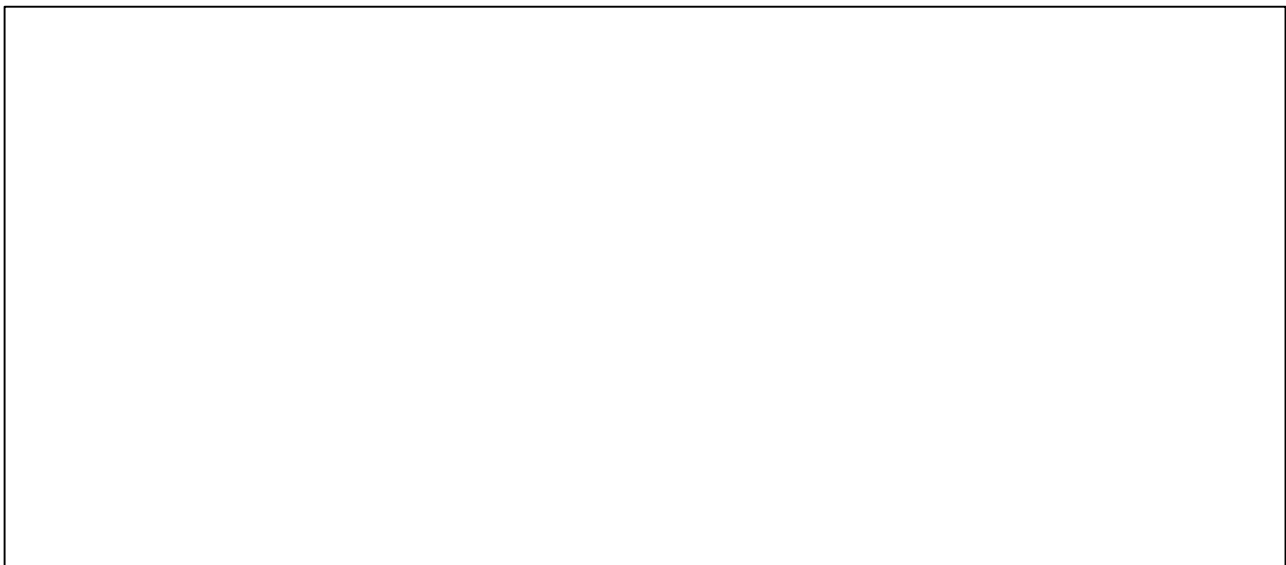
**STOP 7 TASKS**

To survive the Kooris had to recognise plants. To do this they needed to know everything about them- where they grow, when they flower, how to recognise their fruits, the shape and colour of their leaves, the details of their flowers, their barks, etc.

Choose a labelled plant nearby and fill out the details of this plant in the table.

Plant name	
How tall is the plant?	
Is it in the sun or shade?	
Are the leaves hard or soft?	
Describe the colour of the top and bottom of the leaves. Are the surfaces the same or different?	
Describe the bark (if any) of the plant.	
Are there any other features that you can observe?	

Draw the leaf carefully showing as much details as you can.



What uses did the Kooris make of this plant? \_\_\_\_\_  
\_\_\_\_\_